



# Hermes

18<sup>th</sup> January 2019

Spring Term

Issue No. 479

*Where the wild things are!*



*Enjoying a hot chocolate during  
Forest School*

Dear Parents

On Thursday evening the Form 7 children, guided by Mrs Fernley and Mrs O'Donnell, took part in the Rotary Club of Dorchester Youth Speaks competition in the United Reform Church. Teams of three delivered some amazing speeches and certainly impressed their parents, teachers and the judging panel. It is part of their topic on democracy which has included a visit to the Houses of Parliament and will involve a meeting with Oliver Letwin MP and them taking part in a Model United Nations event.



The winning team consisted of Ben E, Toby J and Aidan B and their chosen topic was rugby and whether the 1 in 4 chance of injury could be justified. Ben's carpet shredding speech also gained him the best speaker. With a Welsh President of the RYS and a rugby mad judge their discussion hit just the right note.

Whilst rightly recognising the winning team, my greatest pride was seeing the depth of talent right across the year group and the amazing self-confidence shown by every single speaker. It really was very impressive and shows what good hands the school will be in when this talented year group are at the top of the tree next year.

Although we planned this topic many months ago, its timing could not have been better with everything that is happening in the world of politics.

It is a great shame that teenagers have little say in any of the major decisions that are being made at the moment as it is their future we are deciding and we don't seem to be making a very good job of it.

I've shared this quote by Winston Churchill before, but it's worth repeating.

"Democracy is the worst form of government except for all the others!"



Elsewhere in school, Mrs Carr in her role of Wellbeing Coordinator, has been looking at ways of accurately measuring happiness amongst our senior pupils, applying a series of questions on a range of topics that generates a happiness statistic. We asked the children to answer the questions anonymously to give them added security to be honest and open. When we have completed all the questionnaires across Forms 5 to 8, we will share the results with you and check the same answers again at the end of summer term to see what has happened to the statistics and to check if the help and advice we are giving is having a positive impact.

To support wellbeing, we have been delivering a series of assemblies on ways in which children can improve a range of aspects of their life. This morning, Mrs Sewed and Mr Stazicker have been talking to the school about how to reduce screen time and what to replace this void with. A full list of examples can be found later in this edition. Do encourage your children to pursue some of these ideas and do try to role model best practice yourselves too.



I know I am preaching to the converted, but a family meal around the table, full of discussion and good humour and with no screen in sight, remains one of the most important things you can all do together.

In Junior Prep, the first formal Forest School lessons were delivered to Reception, Form 1 and 3 children. I must congratulate Mrs Livesey who, despite the wet weather, managed to get a fire going. Forest School is an excellent addition to our junior curriculum and something I know the

younger children (and teachers) enjoy very much.



In Senior Prep, the first competitive matches of the Spring term took place this week, with the boys enjoying some thrilling hockey matches against Castle Court. The girls matches commence next week. Full match reports can be found later in this edition.



Mr Adams has sent home the clubs letter this week. It is very much a labour of love that takes a huge amount of hard work to get ready. I must also thank the teachers for generously giving of their time to share their hobbies and pastimes. Please do encourage your children to sign up to several clubs, all of which begin next week.

If you think there are any clubs that we don't offer that your children enjoy doing, please do send a quick email to Mr Adams and we will do our best to oblige.

Finally, I have spent much of today in our annual blue sky thinking day with the board



of governors. It is a chance to look back on where we have come from and an opportunity to plot our journey ahead. We are incredibly fortunate to have such a dedicated group of governors who willingly and voluntarily give up large chunks of their time to ensure we thrive.

Looking ahead to next week, we have our first class reps meeting of the New Year on Thursday. Do please forward any issues you would like discussed to your class rep.

Wishing you a wonderful weekend ahead with your family.



*John Thorpe*

Mr John Thorpe  
Headmaster

## ***Fledglings***

We are all happy to be back!

We hope you all had a fantastic Christmas and are wishing you all the best for 2019.

This week the children have participated in various fun filled activities of a 'Gingerbread Man' theme. They explored a themed tough tray, used sticking methods to decorate a gingerbread man for the story book display board and incorporated technology in their art. Over in our messy play area the children thoroughly enjoyed mixing flour and spices using utensils and their hands. Some children even made ginger cupcakes to take home!



## Nursery

Rafe enjoyed using the scooters outside! We have been really lucky with the weather this week and have been accessing our outdoor area a lot.



We have also all painted some lovely pictures of pigs which are displayed in our room. The paintings were child led, so they have all made wonderful, individual creations!



## Let's Explore

We have been exploring the story of The Three Little Pigs. Benjamin and Sholto had lots of fun getting messy in the mud role play!



Some children made a great brick wall as part of the house from The Three Little Pigs story! They were shown how 'real builders' make a wall, and were able to copy really well!





The children have also been making pom poms to hang up in our classrooms. They took a lot of concentration and the children have done ever so well!



### ***Reception Forest School***



*Reception children enjoying Pooh sticks at Herrington House. A big thank-you to the Williams' family.*



### ***Baby News!***

Congratulations to Sarah, from the Kitchen, who has had her baby: Elby John, weighing 7lb 14 oz, born 13<sup>th</sup> January. Mother and baby doing well.



### ***The Dorchester Literary Festival Story Writing Competition Final***

The prize-giving took place in the Shire Hall County Law Courts Museum on Wednesday 9<sup>th</sup> January. Author, David Solomons, chose Gabriel's entry as highly commended and he complimented Gabriel on the authentic voice in his writing. Other long-listed entries were by: Esme, Erin, Georgie, Kitty and Clara.

## Music News

Please note Mrs Hawes will be teaching on Wednesday this week.

A big thank you to Mrs Grist, (a relative of Mrs Hall) who has donated a saxophone to our music department.

All music clubs will be running next week.



## Sports News

**Team:** U10 Hockey v Castle Court  
**Venue:** SPS  
**Result:** 2 - 0 Win

A great first time performance from Form 5! The players displayed good use of skills and positional play. William B-K was outstanding in goal and kept a well-deserved clean sheet. Aaron was calm and astute in defence whilst Theo worked very hard in midfield, trying to regain possession and create play by using the wings. Sam created havoc all afternoon and scored two excellent goals up front. A great team effort!

**Contribution Awards:** William for excellent goal keeping and Aaron for solid defending.

Mr Willemse

**Team:** U11 Hockey v Castle Court  
**Venue:** Castle Court  
**Result:** 6 - 3 Win

The U11's started their first hockey fixture of the season in the rain at Castle Court. The home side started well and put the U11's under pressure. Valentine managed to steady the ship in defence passed out wide to Harri, Orlando and William who all played on the wing. Theo made some excellent saves and the team worked hard for each other. Leo and Eddie played well as strikers and both scored an outstanding goal. Valentine produced some fine ball carrying skills whilst Gethyn scored two stunning goals from individual play.

**Contribution Awards:** Eddie and Leo for their hard work and excellent goals.

Mr Willemse

**Team:** U12/13 Hockey v Castle Court  
**Venue:** Castle Court  
**Result:** 6 - 1 Win

Our afternoon started rather forebodingly in freezing rain with the group reluctant to leave the warmth of the mini bus. They had to be shoe-horned out!

Inspired by the Form 8s, the team soon got motoring and an early goal lifted spirits further.

The scores were level at half time.

In the second half we played a much more positive game with a higher tempo and better team play. Some superb goals were scored including 2 for Nathan S, 2 for Josh R, 1 for Henry T, and 1 for Ben E.

Lawrence G was his usual excellent self in goals, though the contribution award goes to Josh R in Form 7 for two great goals and superb all-round play.

The coach would like to thank the dedicated supporters who also braved the weather!

**Contribution Award:** Josh in Form 7 for two great goals and superb all-round play.

Mr Thorpe



## Open Morning

If you would like to visit us on our next Open Morning, please register with Mandy; and spread the word to family and friends.



## A New Venture

Bean-on-the-Green cafe in Fordington is the new business venture for a former pupil, Morgan, who has set up the café, alongside two former SPS staff members.

Please support them by calling in for a coffee and a cake.

More details on the attached flyer.

*Mr Watts*

## Form 8 Responsibilities for the Spring Term

Head Boy	Tom
Head Girl	Poppy
Sports Captains	Lawrence & Tallulah

Prefects:	
ICT	Lawrence & Olivia
Art	Jessie
M&D	Clara & Lily
Outdoor Ed	Atlanta & Frida
STEM	Verity & Poppy
Languages	Lea & Amalia
Humanities	Olivia
Eco	Jessie & Verity
Publicity	Clara



Lydia: [secretary@sunninghill.dorset.sch.uk](mailto:secretary@sunninghill.dorset.sch.uk)  
Mandy: [registrar@sunninghill.dorset.sch.uk](mailto:registrar@sunninghill.dorset.sch.uk)  
Megan: [receptionist@sunninghill.dorset.sch.uk](mailto:receptionist@sunninghill.dorset.sch.uk)

# CHECKLIST OF OUTDOOR CHALLENGES

- |  |  |  |
|--|--|--|
| <b>1</b> Climb a tree                      | <b>20</b> Make a mud slide                     | <b>37</b> Check out the crazy creatures in a rock pool   |
| <b>2</b> Roll down a really big hill       | <b>21</b> Eat blackberries growing in the wild | <b>38</b> Bring up a butterfly   |
| <b>3</b> Camp out in the wild              | <b>22</b> Take a look inside a tree            | <b>39</b> Catch a crab   |
| <b>4</b> Build a den                       | <b>23</b> Visit an island                      | <b>40</b> Go on a nature walk at night   |
| <b>5</b> Skim a stone                      | <b>24</b> Feel like you're flying in the wind  | <b>41</b> Plant it, grow it, eat it  |
| <b>6</b> Run around in the rain            |  | <b>42</b> Go wild swimming   |
| <b>7</b> Fly a kite                        |  | <b>43</b> Go rafting   |
| <b>8</b> Catch a fish with a net           | <b>25</b> Make a grass trumpet                 | <b>44</b> Light a fire without matches   |
| <b>9</b> Eat an apple straight from a tree | <b>26</b> Hunt for fossils and bones           | <b>45</b> Find your way with a map and compass   |
| <b>10</b> Play conkers                     | <b>27</b> Watch the sun wake up                | <b>46</b> Try bouldering (a form of rock climbing)   |
| <b>11</b> Throw some snow                  | <b>28</b> Climb a huge hill                    | <b>47</b> Cook on a campfire   |
| <b>12</b> Hunt for treasure on the beach   | <b>29</b> Get behind a waterfall               | <b>48</b> Try abseiling  |
| <b>13</b> Make a mud pie                   | <b>30</b> Feed a bird from your hand           | <b>49</b> Play geocache (A hi-tech form of hide and seek using a GPS receiver to locate hidden treasure) |
| <b>14</b> Dam a stream                     | <b>31</b> Hunt for bugs                        | <b>50</b> Canoe down a river   |
| <b>15</b> Go sledging                      | <b>32</b> Find some frogspawn                  |  |
| <b>16</b> Bury someone in the sand         | <b>33</b> Catch a butterfly in a net           |  |
| <b>17</b> Set up a snail race              | <b>34</b> Track wild animals                   |  |
| <b>18</b> Balance on a fallen tree         | <b>35</b> Discover what's in a pond            |  |
| <b>19</b> Swing on a rope swing            | <b>36</b> Call an owl                          |  |



How many of the things on the list have you done?



# Where to start

Adventurer

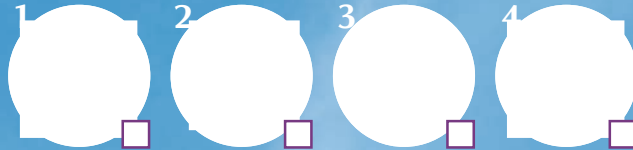
Discoverer

Ranger

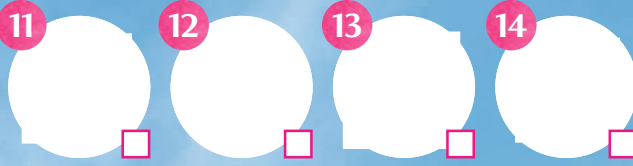
Tracker

Explorer

Here are all 50 activities - phew, it's a big list! But the best bit is you can start from the beginning, end or even half way through. Ready to go?



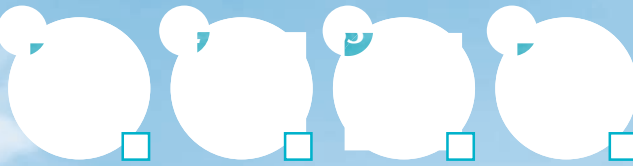
1 Climb a tree  
2 Roll down a really big hill  
3 Camp out in the wild  
4 Build a den



11 Go on a really long bike ride  
12 Make a trail with sticks  
13 Make a mud pie  
14 Dam a stream



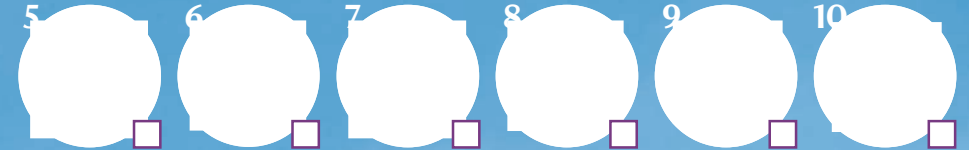
21 Pick blackberries growing in the wild  
22 Explore inside a tree  
23 Visit a farm  
24 Go on a walk barefoot



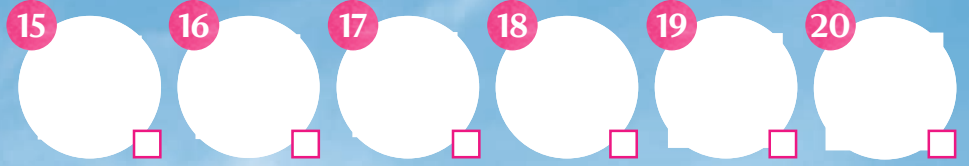
31 Hunt for bugs  
32 Find some frog spawn  
33 Catch a falling leaf  
34 Track wild animals



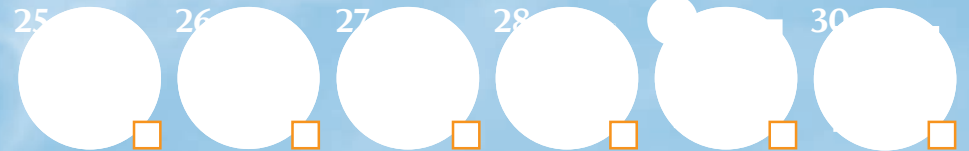
41 Plant it, grow it, eat it  
42 Go swimming in the sea  
43 Build a raft  
44 Go bird watching



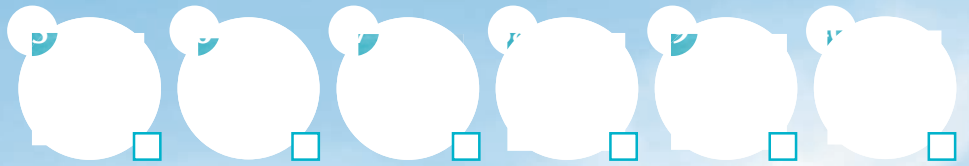
5 Skim a stone  
6 Run around in the rain  
7 Fly a kite  
8 Catch a fish with a net  
9 Eat an apple straight from a tree  
10 Play conkers



15 Play in the snow  
16 Make a daisy chain  
17 Set up a snail race  
18 Create some wild art  
19 Play pooh sticks  
20 Jump over waves



25 Make a grass trumpet  
26 Hunt for fossils and bones  
27 Go stargazing  
28 Climb a huge hill  
29 Explore a cave  
30 Hold a scary beast



35 Discover what's in a pond  
36 Make a home for a wild animal  
37 Check out the crazy creatures in a rock pool  
38 Bring up a butterfly  
39 Catch a crab  
40 Go on a nature walk at night



45 Find your way with a map and compass  
46 Try rock climbing  
47 Cook on a campfire  
48 Learn to ride a horse  
49 Find a geocache  
50 Canoe down a river

15 Play in the snow

# Bean on the Green

Open  
Every day  
9.00 - 5.00



Come in and try our range of freshly brewed coffees, delicious cakes and tasty savouries for breakfast, lunch or tea in this friendly local café.

Kids &  
Baby  
friendly



Dogs  
welcome  
too !



8 Fordington Green, Dorchester, DT11LU.  
On Facebook, Instagram and Messenger



# Weekly Diary

<b>WHOLE SCHOOL DIARY OF EVENTS</b>	21st	Forms 5 & 6 Girls Netball Practice - Milton Abbey 11.00 am
		Forms 7 & 8 Girls Netball Practice - Milton Abbey 2.30 pm
	22nd	N - Form 4 Hobgoblin Theatre Company Visit
		U8 Hockey v Castle Court (H) 2.15 pm
		U9 Hockey v Castle Court (A) 2.1 5 pm
	23rd	Form 1 Forest School 8.30 - 10.15 am
		Form 3 Forest School 10.45 - 12.25 pm
		U12/13 Netball Matches to be confirmed on Monday
		U11 & U10 Netball v Leweston (A) 2.30 pm
		U10 Rugby v Yarrells (A) 2.30 pm
		U10/11 Hockey v BCS (H) 1.45 pm
		U12/13 Hockey Practice (H) 3.15 pm
	24th	Class Reps Meeting 8.30 am
		Reception & Form 1 Swimming @ 1611
	25th	Assembly - all parents welcome 8.30 am
		Parent & Toddler Group 10.00 - 11.30 am
		Reception Forest School 10.00 - 12.15 pm
		Form 8 Holocaust Visit 12 noon
		Form 2 Skiing 1.30 pm
		Forms 5 - 8 Sports Afternoon
<b>LETTERS ON THE PORTAL</b>		Music Timetable- Week 3
		Menu - Week 3
		E-Safety Magazine
		Fixtures of the Week and Team Sheets
<b>Fledglings</b>	No letters	
<b>Nursery</b>	Junior Prep Club Letter	
<b>Reception</b>	Spring Term Clubs/Junior Prep Club Letter/Hobgoblin Theatre	
<b>Form 1</b>	Spring Term Clubs/Junior Prep Club Letter/Hobgoblin Theatre	
<b>Form 2</b>	Spring Term Clubs/Junior Prep Club Letter/Hobgoblin Theatre	
<b>Form 3</b>	Spring Term Clubs/Junior Prep Club Letter/Hobgoblin Theatre	
<b>Form 4</b>	Spring Term Clubs/Junior Prep Club Letter/Hobgoblin Theatre	
<b>Form 5</b>	Spring Term Clubs	
<b>Form 6</b>	Spring Term Clubs	
<b>Form 7</b>	Spring Term Clubs	
<b>Form 8</b>	Spring Term Clubs/Holocaust Memorial	