

22nd June 2018 Summer Term Issue No. 462

"Summer Madness!"



Dear Parents

This week's editorial finds the school amidst production paralysis. "Joseph" has taken full hold of the school and "I wore my coat" seems to be in a never ending repeat around my mind. It's an amazing couple of weeks that takes many to the edge of extinction and we wouldn't have it any other way.

Whilst all others seem to be in a persistent state of panic and self-doubt Mrs Moss, ably assisted by her faithful production team, seem to sail calmly on and their assuredness and confidence rubs off on the performers who are in seventh heaven!



We have followed a rehearsal timetable liberally interlaced with fun time in the pool. We've also had a whole school single lunch sitting all week which has been something different. Thankfully the weather has been on our side and we have been able to seat the seniors outside.



I think we seem to have managed to handle the tickets sales to make sure everyone is happy. That's the royal "we" of course! Lydia and Megan have worked as a great team on this most important task.

Whilst mentioning Megan in dispatches, I hope you have managed to say hello to her this week. She seems to have settled in very well and is certainly a great addition to our team.

At the same time of revving up for Joseph we have also been gripped by "Summer Fayre Fever". I hope you are all planning to join us for what will most definitely be an excellent afternoon of quintessential Britishness.

I must congratulate the Savva boys who manged to sell the most tickets and won themselves a large box of cholates. Thank you to all those who bought raffle tickets. The Grand Draw will take place at 4pm.

You have all been emailed a running order. Do remember to bring your pooch along for the dog competition. To give all other canine competitors a chance I will leave Molly at home because it would be unfair to other entrants. I did receive a formal complaint of discrimination from owners of cats who were feline left out. (Sorry - couldn't resist that!)



At the same time as of both of these events, the Form 8's, having endured Common Entrance week, then (hopefully) adored exped, have had the Lion's Lair evening to prepare for. This rite of passage at the end of Form 8 sees small teams compete for the business prize of the year. Each group had to present their ideas to a team of four esteemed members of the business community spearheaded by our very own Peter Jones also known as former parent Peter Duncan. It was a close run thing but in the end the worthy winners were Simple as Science who produced some amazing science kits. This said, the proof of the pudding will be in the eating and we will see how they all do when they sell their wares at the summer fayre. Please do visit them and guiz them about how they did!



A certain member of our admin team celebrated a milestone birthday this week. I promised her I wouldn't publicise this in Hermes, but in a Dad's Army, "Don't tell 'em your name, Pike" moment, happy fortieth Kirsty!

Elsewhere in school it has been encouraging to see how many new families are swapping four wheels for two to enjoy that Norma Tebbit, "on yer bike" feeling. I was in the right place at the right time this week as Team Sky RW flew past!



Finally, with an incredibly busy few week's remaining please do keep a close eye on the diary to make sure you are fully aware of all the events taking place. They will come at us thick and fast. As always a full program of events for next week is printed at the end of Hermes noting which letters have gone into your parent portal.

Wishing you a wonderful week ahead!

Mr John Thorpe Headmaster

Fledglings



We have spent a lot of time outside this week what a wonderful way to learn. Even our busiest of Fledglings took the opportunity to sit and complete puzzles and retell stories.



Nursery

Nursery Sports Day will be starting at 9am on Tuesday 3rd July. Please can I ask parents, if you would like your child to attend Sports Day but do not usually attend on a Tuesday session, to drop them off at Nursery at the latest by 8.20am. After Sports Day has finished please pick them up from the lawn and please let a member of the staff know that you are taking your child home.

All children are welcome to attend sports day, it will be a field day!!



Form 1



Form 1 were enjoying the sunshine as they practised their Maypole Dancing Thursday afternoon.

Form 2



Form 2 made a pit fire with Mr. Thorpe and baked delicious damper bread Thursday afternoon. Yum! Yum!





Form 3 & 4

A group of Form 3 and 4 pupils had a fantastic time at Thorncombe Woods. Using the "Stick Man" story as the prompt, the children worked in groups and made their own stick man or woman. They then had to hide it in 5 different places to make a story.



For the finale, they made a boat for their stick person and launched it into the water!

Form 6

The children from Form 6 have completed a unit of work looking at the development of castles as part of their main topic on Medieval Realms 1066 - c. 1500.

All children had to research a castle of their own choice and produce a written project in relation to this. Some children added a creative dimension to their project by designing a model of their chosen castle. Freya decided to produce our first ever castle tapestry!



Form 6 children peer assessing each other's written castle projects.



Above are some of the creative contributions to our castle topic.

Form 8 - Lions' Lair





<u>Simple as Science - Available At the Summer Fayre this Saturday!</u>

Simple as Science are selling science kits to raise money for Motor-Neuron Disease UK. We have made the kits and are really excited to share our fun and educational idea with you! The science kits will be on sale at the Summer Fayre THIS SATURDAY! Big kits are £5 and small kits are £2. The experiments include; Rock Candy, Lava in a Cup, Mentos and Coke, Oobleck and Slime. If you have pre-ordered a kit, they are available to pick up at the summer fayre. If you are not available, please email the following:

09opheliar@sunninghil.sch.uk

Thank you once again for your help, Erin, Tilly, Joseph, Lewis and Ophelia- Form 8

In other news.....

Holiday Club



A few of the days for the Summer Holiday Club are now fully booked. However we are still taking bookings so do reserve your place as soon as possible by following the link below for booking forms. We will let you know by return if the places are available.

https://sunninghillprep.co.uk/information/h
oliday-club/

Unwanted clothes wanted!

Bemba Villages is a charity, set up by my step mother and father (Annie and Peter Wilson) to raise money to build two primary schools and a nursery in Zambia. They have now managed to do this and the schools and nursery are now running. They are returning to Zambia in September to see what else needs to be done and the airline has granted them an extra luggage allowance. It would be fantastic if you could kindly donate any unwanted clothes for boys and girls aged 6-16 years for them to take out with them.

More information in the attached poster.

Please bring the clothes to the school office by the end of the term.

Many thanks Lecca Moss

Sailing Success



Congratulations to Archie after winning the South West Championships having won 6 firsts in his sailing races to become overall winner.



A different kind of week, as part of our usual group were at the beach and Joseph rehearsals meant we had a mixed age group, this was actually very lovely, everyone working together.



A group set to decorating and pricing our lovely 'Pizza pots' for the Fayre on Saturday, and the others put together some very special herb and salad planters also for the Fayre.

What an abundance of beautiful things the children have put together to sell!



In other news, many froglets were seen, and captured, and then released again. Tiny perfect mini frogs, quite amazing!



Next week, pumpkin prep!

Jo Foote

PTFA Notes from the Chair



Thanks to all those who have given their time to help prepare Saturday 23rd June Summer Fayre. Lots of helping hands have

come together to make this a great event and all those efforts are greatly appreciated. Members of the parent population, Class Reps and PTFA Committee members have all done their bit to creating a wonderful afternoon's entertainment for the whole community to enjoy together.

Here's the programme for the day:

12.30pm	Summer Fayre officially opened by David Taylor, the Mayor of Dorchester	
1.00pm	Quartet to perform	
1.30pm	WI judging begins in the WI tent	
2.00pm	Dog Show begins	
	· Best trick	
	· Waggiest tail	
	· The dog who most looks	
	like its owner	
	· Best junior handler	
	· Dog the judge would	
	most like to take home	
2.30pm	Judging finished in WI tent and prize winners announced	
2.30pm	Quartet to perform	
3.00pm	Form 1 Maypole Dancing demo	
4.00pm	Grand Draw takes place	

Alongside all this entertainment we have stalls organised by the classes, Lions Lair stalls, Pre Loved Books, Second Hand Uniform, Skittles, Coconut Shy, Stocks, Helter Skelter. Tea & Cakes, BBQ and Bar, Candy Floss plus a wide selection of stalls offering high quality items you will love. These include a variety of crafts, paintings, soft furnishing, gifts (never too early to start Christmas shopping!!), or perhaps something sweet plus lots of wonderful flowers and plants for those of us with green fingers!!!!!

Remember to bring small change with you!

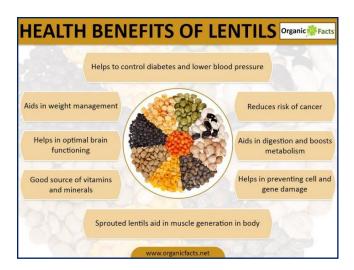
Come and enjoy the fun!

Lynn Strover PTFA Chair ptfa@sunninghill.dorset.sch.uk 07563 574 536

Nutrition Natters

Hello!

Lentils - A Protein alternative to Meat!



Lentils, are a complex carbohydrate which are rich in proteins and fibre. Because of their high protein content they are an ideal substitute to meat. For information, 1/2 cup of lentils (125ml cooked) contains 12g of proteins.

They have quite a few health benefits as well. On one hand they substitute animal protein so contributing to a reduction in processed food intake and therefore prevention of heart diseases, cancer and dementia. But also very importantly, they are rich in so many other essential nutrients:

- Fibre 1/2 cup contains 32% of our daily recommended fibre. It helps to balance glycaemia (sugar levels), gut health and the immune system.
- Potassium very high content (especially in red lentils) which helps with salt reduction and stabilizing sodium in the body and also reduces blood pressure.
- Folates very important for red cell formation and for our brains to function.
- Iron red cell formation and energy levels.

Here are a few recipes you may want to try instead of your pork or meat bolognese.

https://www.bbcgoodfood.com/recipes/squash-lentil-salad



https://www.jamieoliver.com/recipes/past a-recipes/mushroom-lentil-pappardellebolognese/

Enjoy your food!

Thank you Marina Mendes

Sports News

U13 Girls' Rounders v Hanford Result: Loss 12 - 21



We were definitely still on the bus in the first innings with Hanford scoring 9 $\frac{1}{2}$ and we scraped 2 $\frac{1}{2}$! We put down several catches and gave away rounders with casual fielding. Thank goodness there was a complete turnaround in the second innings

with Izzy and Imogen striking the ball really well. Imogen was unfortunate not to score more rounders but the Hanford fielding was excellent. Hanford managed 10 $\frac{1}{2}$ but we pushed them and scored 9 $\frac{1}{2}$.

If we had played as well from the start it would have been a much closer game. Ophelia, Tilly, Hannah all took good catches and we ran in several half rounders. Well done for this your last match for Sunninghill. You have all improved and worked well as a team this term.



Contribution award: Special mention to Izzy and Imogen for their batting and Hannah for her fielding but also the whole team as this was their last game together.

U13 Boys' Cricket v DMS Result: Loss 288 - 283

This was a brilliant, evenly matched game that could have gone either way. We probably would have won it had it not been for some dodgy umpiring decisions from the square leg umpire. Unfortunately there was no Third Umpire/Snicko/Hot Spot so the decisions stood.

This was to be our last school match and I am delighted to say this was the best I have seen our boys play all season. Khalid

captained well - he opened the batting, set the field and made sure everyone was on the game. Vice-captain Tom S hit a superb knock hitting four sixes on his way to 33 in 12 balls which was the highest score of the day. Dylan bowled superbly and was a real leader on the field - he got everyone playing at their very best.

After the match we played a Super Over one over of the best batsmen against the best bowlers. DMS batted first and we took three wickets to leave them on -9. The first was a smart catch by Tom S behind the stumps. The second was a stunning catch from Ben running in off the boundary. And the third was a clean bowled from Dylan that knocked the stumps all over the place. I've never seen that done with a softball before. With bowling and fielding like that the result was a formality. If only we started with the Super Over, we would have given England's record win over Australia a close run.

Contribution Awards: (with a distinctly fishy theme).
Ben - Catch of the day
Tom - Tastiest batter

School email addresses:

Lydia: lhampshire@sunninghill.dorset.sch.uk
Mandy: registrar@sunninghill.dorset.sch.uk

Hermes Editor: Mandy Jones

Our Contact Details:
South Court, South Walks, Dorchester, DT1
1EB
Tel: 01305 262306
Prep Club Mobile: 07437 891994





Second hand Clothes wanted!!

For boys and girls aged 6-16

For schools in two remote villages in northern Zambia



Zambía is a beautiful country in Africa, full of friendly people, wild animals and one of the biggest and most beautiful waterfalls in the World. The children who live here do not have much and will really appreciate anything you are able to donate.



Bemba Villages is a charity based in Wiveliscombe.

It was set up in 2010 by Anne Wilson, who grew up in Zambia.

For more information, please visit:

www.bembavillages.org.uk

Please hand all clothes into the school office by Friday 6th July.

Thank you!



Bemba Villages have recently built two primary schools and a pre-school nursery in Chipwa and Miyamba, two Villages on the shore of Lake Tanganyika.

The charity is visiting the Villages in September.



All sizes and styles welcome!

A good chance to clear out your wardrobe!

Weekly Diary

<u></u>		Weekly Dialy		
WHOLE SCHOOL	25th	Joseph rehearsals all week		
DIARY OF EVENTS	26th	Inter House Junior Prep Swimming Gala, 11.00 am		
	27th	Inter House Senior Swimming Gala, 9.30 am		
	28th	Joseph first performance 7.00 pm		
	29th	Joseph matinee performance 2.30 pm		
		Joseph final performance 7.00 pm		
LETTERS ON THE PORTAL	Menu - 2	25th June		
	Music Ti	Music Timetable Summer Holiday Swimming information Summer Fayre order of events		
	Summer			
	Summer			
Fledglings	No lette	No letters		
Nursery	No lette	No letters		
Reception	No lette	No letters		
Form 1	No lette	No letters		
Form 2	Resident	Residential Information for Autumn term		
Form 3	Resident	Residential Information for Autumn term		
Form 4	No lette	No letters		
Form 5	No lette	No letters		
Form 6	No lette	No letters		
Form 7	No lette	No letters		
Form 8	No lette	No letters		