

# Hermes

17<sup>th</sup> November 2017

Autumn Term

Issue No. 439

“They gave their todays so we could have our tomorrows”



Dear Parents

We've had a busy and productive week in school with much preparation taking place ahead of the festive period, though before I detail activities of the week gone by I must pay tribute to all those who contributed to the wonderful Remembrance Service held at St. George's Church, Fordington last Friday.

Wonderfully lead by the Reverend Canon Thomas Woodhouse and supported by the town's veterans, the service displayed its now customary gravitas "lest we forget".

Of particular importance to our close community was the lovely recollection by Lieutenant Commander Hopps (rtd) of his military days flying a Harrier Jump Jet. Frank (as he is to us) talked about service and togetherness and not letting your team down.

Mrs Nolan Stone's Lower School Junior Choir made more than a few eyes moisten and the Forms 8s lead the service with their excellent readings.

Our resident brass peri teacher, Mr Penfold was faultless in his playing of the Last Post.

This year's Armistice Day celebrated the 99<sup>th</sup> anniversary of the cessation of hostilities of World War 1 and my hope is that the whole town may be able to unite to celebrate its centenary next year.

In school this week the staff have enjoyed their regular Tuesday evening yoga session with ex-parent Barbara Fry leading our sessions with great skill and enthusiasm. Fourteen of us (particularly the less flexible amongst us) enjoyed the joys of stretching and trying to find our inner peace. Having lead the way ourselves, we are hoping to then roll out a program for our senior pupils to benefit from next term.



Four of us (including our COG) followed this up on Wednesday evening with a torch light hike around the valley to make sure our fitness levels from last year's Three Peak's Challenge does not completely disappear. Cold air and clear skies made for a fabulous stroll around the valley. If you have a free two hours on a Wednesday evening you'd be welcome to join us.

Staying with members of staff, Mrs Sewed's thirst for knowledge knows no bounds. This week Nancy began the first module of her master degree in Education Leadership. Two years of very hard work lies ahead for her. I

am certain the professional development will be of great benefit to both herself and the school.



On Wednesday I held our regular half termly meeting with the class reps. We had a full house representing each class in the school from Reception upwards. A lengthy but very productive two hour meeting saw us cover a wide range of topics that I am sure your class rep will feed back to you.

On Thursday evening the new PTFA committee chaired by Lynn Strover had its first meeting post-AGM. We discussed a calendar of events for the year ahead which included some new initiatives such as a barn dance in the spring term. We also voted on a request by some Form 4 boys for an outdoor table tennis table that was warmly received and given the immediate go ahead.



Looking ahead into the distance we have started preparations for a May Ball in 2018.

Watch this space for further excitement.

It was lovely to see BK senior reunited with his younger brother in school this week. Fresh from a busy week at Milton Abbey, Harvey arrived in his school tweeds looking most elegant and grown.



I must apologise to Jack P who popped in this week to pick up his sister Erin. Jack is now in the lower sixth at Canford and very grown up and serious. The topic of conversation was the complexity of physics "A" level. I felt rather out of my depth! Sadly, I forgot to get a picture but I'll redeem myself as soon as possible.

Finally, Form 1 (amidst their preparations for the Junior Prep Nativity) managed to share a lovely assembly for us all to enjoy which tied in perfectly with Pudsey Bear and Children in Need 2017. I loved their teddy bear's picnic and why their teddy bear was so special to them.



Fledglings have begun to practise their Christmas song which we will sing to the parents at our Christmas party in the Drawing room next Friday.

Wishing you a lovely week ahead

Mr John Thorpe  
Headmaster



### *Nursery news*

### *Fledglings News*

We have 2 sets of twins currently attending double the fun!

Some of the children have been looking at the alphabet and learning the phonetic sounds of the alphabet. We captured a lovely photo of Clara engrossed in this activity.



All of the children have made star printing pictures this week, and have enjoyed cutting out their stars concentrating on their scissor skills.



Then we explored the museum discovering so many treasures and fun facts in cabinets and drawers.

After lunch we walked to see Mary Anning's grave in the local church graveyard and then enjoyed hunting for our own fossils on the beach before travelling back to school.



We have had a story around 'Whatever Next Story'. The photo below shows the two girls using the pebbles to explore how to sequence the story from beginning to end from the pictures on the pebbles.



### *Form 5*

Indy has been producing some amazing art work and it looks as if we have a budding artist on our hands.

### *Form 1*

Form one enjoyed a very exciting day out on Tuesday and visited the fossil museum in Lyme Regis. We had quite a long journey in the minibus with the usual question within 5 minutes of setting out 'Are we nearly there yet?'

When we eventually arrived, and, after walking very sensibly down a steep narrow road into the town, we were greeted by Chris. Chris talked to us for ages but he was so interesting and told us so many amazing facts about fossils and dinosaurs that all of the children, Miss Jackson and Mrs Culshaw were riveted.



## Form 7

This week the class have been working on their persuasive writing, the letter below was received by Mr Thorpe.

Dear Mr Thorpe,

We have heard that you are trying to decide how to spend the school's money next year. Our form has just finished a fantastic and wonderful book called Skellig. I think that it would be a good idea to spend the money on more books for the school library. Skellig has won lots of awards such as the Whitbread Children's book of the year, and also the Cambridge medal from the library association.

Skellig has a lot of imagination in it and gives off this feeling of freedom. David Almond uses a lot of William Blake's poems in Skellig. By learning about these poems people may be inspired for Lamda. Skellig is an existing and moving book.

The main theme of the book is imagination. It is almost saying that not everything you imagine is fake. It is very intense when Michael's baby sister is on the verge of dying. Skellig uses a lot of magic and this magic is based on kindness, hope and imagination, because Michal thinks that if he thinks hard enough that he can feel the baby's heart next to his, and that if he is always thinking about the baby that her heart will always stay beating and never stop.

The story begins when Michael steps in to his garage, it's old and falling down, everything is covered in dead bluebottles and dust, but then he sees it just behind some ancient tea chests. Michal's baby sister is dying so his dad lets him stay off school. During his time off school he makes a friend called Mina. Michael gets more and more anxious about his secret. He needs to tell someone the truth, so eventually he tells Mina, and one night they carry Skellig out of the garage and in to an abandoned house owned by Mina. They take off his old dusty jacket and underneath are a great beautiful pair of wings stretched high above his head. They continue visiting Skellig and as Michael, Mina and the owls carry on feeding him, he

becomes stronger and stronger. One-night when Mina and Michael visit Skellig he takes their hands, and they begin to spin. As they are spinning ghostly wings appear on their backs and they float in the air with Skellig. The baby is having a heart operation and Michael becomes more worried about her. Skellig goes and visits the baby at night and gives her the ghostly wings too. Soon after that, Skellig fly's away forever and the baby comes home from hospital safe and out of danger. Michael and his parents decide to call her Joy.

The main characters in the story are Michael, Mina and Skellig. Michael is about 12 or 13. He is a brave character with the most difficulties to overcome. For example, the illness of his baby sister and the fact that he doesn't like his new house. Michael seems to be quite a shy character but is a great friend once you get to know him. Mina is the same age as Michael. She is a strange girl, but she is very brave socially, and doesn't care what other people think of her. She is also very loving and cares very deeply for her friends and family. Skellig is a kind and thoughtful character. He thinks of others before himself. He is also a broken character, you don't learn much about his past but you know that it has been painful, just as you know by what he says and does that he wishes everyone well.

Overall I think this is a well thought out book with lots of heart. It is moving and joyful at the same time. I think it is a good idea to spend the school's money on this book because, not only is it a good book and a great read, but I think it can also really inspire children to create stories, showing them that there is no limit to what you can write.

Yours sincerely

Jessie D-L Form 7

# *In other news.....*

## *A note from Pastoral Deputy Head*



As it is Anti-bullying week we have placed on the portal a draft of our updated Anti-bullying policy which you are invited to read. We have already had a super whole school assembly this term delivered by our Anti-Bullying Ambassadors who received their training last term through the Diana Award charity. The role of the ambassadors is to provide support and guidance for children who may feel more comfortable to speak to another child rather than an adult.

I would welcome any constructive feedback that helps us develop our policy.

Ian Stazicker

## *Bah-Humbug*

The Deputy Heads were unable to work this week when kitchen staff got a little ahead of themselves singing Christmas Carols and getting Christmassy. After Mrs Brunt 'complained' at their early festive celebration they decided to get their own back by decorating the Deputy's Office like Santa's Grotto.

It's didn't go down very well!!



## *Christmas Festivities*

Some of us may not be feeling festive but we are pleased to be able to confirm some Christmas dates for your diaries.

Carols under the stairs will be on Thursday 7<sup>th</sup> December @ 11am. Can children wear Christmas jumpers for the day and all parents are welcome to join us.

We will be having our Carol Service at St Peter's Church on Friday 8<sup>th</sup> December @ 2.30pm. All parents are welcome to join us at the service and then back to school for festive refreshments.

## *Mosaic Charity*



There is a marvellous charity based in Milborne St Andrew (Blandford) called Mosaic (Child Bereavement Charity) who Sunninghill Prep School supported 2 years ago, gifting wonderful Christmas presents to children, young people and their families in Dorset. This Charity was set up in 2007 to

provide specialist bereavement counselling and support to children who had lost parents, siblings or loved one. It doesn't matter what your back ground is, where you grew up, where you live now or even which School you go to, sadly you never know when you might need the love and support of a Charity like Mosaic.

Sunninghill and a lot of the parents have been incredibly supportive towards Kate and me at KD-UK and we would like to give something back to the Community. John Thorpe has very kindly agreed that Sunninghill will support Mosaic on an annual basis at Christmas time. To do this Kate and I require your help. Mosaic is holding their Christmas Party on 8th December and Sunninghill would like to supply all the gifts, not just for the party but also for children and young people who are starting their journey with Mosaic at home.

Your child will be coming home on Friday with a gift tag. When you are Christmas shopping we ask if you could possibly buy an extra gift. On the tag it asks you to fill in the age range and if boy or girl to ensure your lovely gift goes to the right child. If you keep to your son / daughters age group it would enable us to cover age ranges from babies - 13 year olds, obviously if you have gifts for older children they would be greatly received too. Please can you ensure all gifts are new, wrapped up with the tag attached and delivered to the Medical Room (near Lydia) no later than Monday 4th December.

We appreciate Christmas is a crazily busy time for families, how wonderful and magical it is to know your gift has made a huge difference in a young person's life.

Wishing you all a very Magical and Merry Christmas

Kate (Izzy F8, Sofia F6) and Karen (Dom F8, Rex F2)

### ***Individual and Sibling School Photos***

Please return completed order form envelopes to Lydia by Wednesday 22<sup>nd</sup> November. This also relates to the children

who are having their sibling photos taken on Monday 20<sup>th</sup>. With thanks

Lydia Hampshire

### ***Music News***

Mrs Hawes will be teaching on Wednesday.

Timetables for next week are on the portal.

A little reminder about the informal music concert next Tuesday at 4pm in the Music Room. We have quite a few signed up and it would be lovely if you could attend.

Finally, thank you to Head Girl, Imogen and Head Boy Douglas for representing the school at last Sunday's Remembrance Service at the Cenotaph in Dorchester.

## ***Medical matters***

Now all the children are back in school and spending time together in class and the playground, some children may, unfortunately, succumb to head lice.

These can be easily treated either by using over the counter remedies, or by using conditioner and a head lice comb on a regular basis until all signs of the head lice have gone.

Another natural method that may work is by mixing salt and vinegar together to dehydrate and kill lice. To use, apply as a spray (1/4 cup salt dissolved in 1/4 cup warm vinegar) until the scalp/hair is wet. Allow the mixture to sit until the hair is fully dry, then coat the scalp and hair completely with coconut or olive oil.

Lydia Hampshire

## Christmas Holiday club



We have been approached by parents to extend the holiday club into the first week of the holidays.

I am pleased to say that we have arranged for the club to run, provided we have at least 6 children per day, on Monday 11th, Wednesday 13<sup>th</sup>, Thursday 14<sup>th</sup> and Friday 15<sup>th</sup> of December of the first week of our school holidays.

Bookings will need to be made by Friday 1<sup>st</sup> December to enable us to secure these days. Please contact Jemma Fowler to book for the first week.

Please book early to avoid disappointment!

<http://sunninghillprep.co.uk/information/holiday-club/>

## Notes from a small garden...

This week in the garden, the sun was shining and spirits were high. We split into 2 groups, Katie and her earmuffs on one side and Kitty with her earmuffs on the other.

Katie's group tackled bulb planting and Kitty's the onion sets. We discussed how the bulbs are planted now but don't sprout until the ground warms up in the springtime, and when I commented that I love the smell of narcissus, Isadora promptly stuck her head

in the bag of bulbs and retorted 'but they don't smell of anything'...! Quite true.



With our planting jobs done in double quick time, the girls set to work tidying and planting out our new border. We now have two beautiful espalier fruit trees along our fence that with a bit of TLC from Liz will hopefully bring us bounty next summer.



Last on the agenda was the crab apple jelly tasting! I have to admit I was a little nervous, it was a tough audience to please. However it seemed to go down well and a few even came back for seconds, and thirds!

There was even a suggestion that perhaps they might keep a jelly/cracker sandwich under their hats for later. Well if it works for Paddington...



Jo Vaughan

## Nutrition Natters



Hello!

I thought this week I would continue speaking about gut health, and a health miracle product that everybody speaks about - Probiotics.

Probiotics are live bacteria and yeasts that are good for our digestive system and therefore they improve our gut health. They can be found, in products like yogurts, sauerkraut, kefir, etc. But can also be bought as a supplement.

Experts advice we should have them on a daily basis in our diet. So, ideally we should try to add it to our diet but if you find it difficult because of the taste, which I can honestly understand with the sauerkraut, try to have a yogurt or kefir every day?

Yogurts - there are a few available in supermarkets - Actimel and Yeo Valley are some.

Kefir - is a Fantastic Source of Nutrients. Kefir is a fermented drink, traditionally made using cow's milk or goat's milk. You can prepare it in the comfort of your home or just buy it. It's made from kefir "grains" which are added to the milk and rest there to go through the fermenting process. These grains contain cultures of bacteria/yeast and after fermentation form a mixture clumped together with casein (milk proteins) and complex sugars. Research suggests these products are more effective than probiotic supplements.

Here are a few recipes if you are feeling adventurous:

<http://www.bbc.co.uk/programmes/articles/4NgGfJdRQvqGP80cBlZjTky/fermented-food-recipes>

Also, after speaking with a friend, she recommended a very good family run farm in Wales. Have a look and see if you prefer to order it from them. I am certainly inclined to press the order button and try it. I will let you know what I think. Carolina of course is going to be one of the guinea pigs..... don't tell her please!!

This product has been tested by the Aberystwyth University, here is the website:

[https://www.chucklinggoat.co.uk/product/live-goats-milk-kefir/?gclid=EAlaIQobChMI1JvhyuDC1wIVDr7tCh2KcwRyEAAAYASAAEgI1N\\_D\\_BwE](https://www.chucklinggoat.co.uk/product/live-goats-milk-kefir/?gclid=EAlaIQobChMI1JvhyuDC1wIVDr7tCh2KcwRyEAAAYASAAEgI1N_D_BwE)

If you don't have time or it's more convenient, why not buy a probiotic supplement?

But the question is, which one to choose? I personally think the best is to choose one with different strains and don't really worry about the number of units. What matters is to have different bacteria working in different parts of the digestive system synergistically to benefit your overall gut health. The most important and essential ones the experts recommend are:

- Lactobacillus group
- Bifidobacterium longum
- Bifidobacterium bifidum

But we also need to think about the age of the person and the main reason why you are buying them. Also, think about the best delivery system and packaging. Try to choose the ones that offer an expiry date.

But of course the best, I think is try the more natural approach and perhaps add a yogurt or kefir to your daily diet.

Enjoy your food!!

Marina

# PTFA - Notes from the Chair

As I am writing this mid-week, after what has effectively been my first week in office, may I start by saying a big thank you to the parents who have stopped me to say hello, share ideas and offer their help for the forthcoming Christmas events. It has been a supportive start and I'm really appreciative.

Whilst I share here the more visible aspects of our PTFA organisation and events, be assured that there is also a lot of 'behind the scenes' activity in digesting our PTFA Constitution and its requirements. An important part of this is holding three Committee Meetings per academic year to which you are all very welcome to attend. Our first meeting was on Thursday 16 November, as this edition of Hermes is going to print so I will give you an update in next week (24 November) on the highlights of our discussions on the forthcoming calendar of events for 2018. The dates of future Committee Meetings will be included in the School Calendar and displayed on the PTFA Notice Board in Compass Lobby.

For today's topic - as Christmas races towards us all - I'm going to highlight how you can help raise funds for the PTFA whilst doing your online shopping. With many retailers offering heavy discounts on Black Friday (Friday 24 November) and Cyber Monday (Monday 27 November) this is an ideal time to take a moment and register with The Giving Machine.

The PTFA have an account with The Giving Machine and whilst you shop at your favourite online stores (Amazon, John Lewis, Ebay and loads more) The Giving Machine will work in the background claiming commission from the retailer and paying it to the school, all at no cost to you. Last year, 3 active shoppers in our community raised £42 - at this rate, if 50 of us signed up we could raise £700. A thank you goes to Steve Ray for sharing the 'how to' steps below.

Many of us say we don't have the time to do this...so I thought I'd to see how long it actually takes by racing myself against the opening of our Friday night bottle of wine....no, sorry that's not realistic ;) .....let's change that to making a cup of tea!

Here we go:

## Stop clock

**00:00** *I've already turned on my PC so I fill and switch on the kettle and start the stop clock*

**00:20** **1. Go to The Giving Machine Website**  
[www.thegivingmachine.co.uk](http://www.thegivingmachine.co.uk)

*Well that's easy, after a dash across my living room, I'm on the right website (that's already a big step for me ;)*

**00:40** **2. Click on "Join"**

*Where's 'Join'...I can't see 'Join'....oh there it is, it's a purple button at the centre top of the webpage. I lost some valuable seconds there...feeling the pressure....wish this stop clock would actually stop!*

**00:50** **3. On the 'Choose a cause to Support' page, in the search box, type "Sunninghill Prep" and then select the cause "Sunninghill Preparatory School"**

*...S...u...n...i...g...h...i...l...l... Doh! Two N's Lynn! DELETE DELETE DELETE.....S-U-N-N-I-N-G-H-I-L-L P-R-E-P-A-R-A-T-O-R-Y S-C-H-O-O-L*

**01:25** 4. Sunninghill Preparatory School, Dorchester, Dorset appears under 'Matching Search Results'. Click on the Sunninghill Preparatory School text and a drop down will appear with a couple of buttons. Click on 'Join and Support' button

*I'm getting the hang of this....and there's a nice yellow star on the 'Join and Support' purple button...I wonder if that's a gold star for me for making it this far ☺*

**01:50** 5. Enter your personal details (if you are eligible please also click Gift Aid) and click Join button

*L-Y-N-N...S-T-R-O-V-E-R...l-y-n-n-@-s-t-r-o-v-e-r-.b-i-z...then enter my preferred password (I'm not sharing that here!) Am I eligible for Gift Aid?...hmmm...I never remember so I'm checking here....www.gov.uk/donating-to-charity/gift aid....Wow The Giving Machine can claim 25p per 1 pound.*

*What's that I can hear.....arrrr the bubbles....it's starting to boil!!! Quick, click the 'Join' button at the bottom of the form....click!*

**03:10** 6. Registration Complete - install the 'Shop&Give Reminder' app and this will automatically raise donations as you shop

*... I'm channelling Annika Rice now.....stop the clock!! STOP THE CLOCK!!!*

*YES! Ready to shop!*

**Stop clock OFF** 7. If you don't install the "Shop&Give" app just log into The Giving Machine next time you shop and search for your favourite stores. Click the 'Go Shopping' button, choose from over 2000 stores and brands

*...wow what a list of stores and brands! Even my insurer is here!! Grab mug, tea bag in, pour....and relax, it's time for some browsing and shopping*

So, the outcome of this experiment...it really does just take a few minutes to do this one time registration, and my trusty Russell Hobbs has had a run for its money!

Please help us raise more with your online shopping and we can provide more great facilities and opportunities for our children. Over the years, PTFA funds raised have contributed to the installation of the low ropes course, equipment for use on the Astroturf pitch and the Shepherds Hut. For the year ahead, the PTFA is listening to the proposed school projects and will be looking to support improvements to our swimming pool - more on this in the weeks ahead.

Lynn Strover

PTFA Chair

[lynn@strover.biz](mailto:lynn@strover.biz)

07563 574 536

# Sports news

## ***U8 Girls' Hockey v Sherborne Prep***

***Result: Win 2 - 1***

We got to Sherborne a little later than expected so we did not have time for a proper warm up. This really showed in the first quarter as we let Sherborne get a very easy goal. However, in the next quarter every player got stuck in and started to make some effective tackles and move the ball nicely up the pitch. This play led to the first goal with several of the team trying to score. It was Carolina who managed to do it though. This really gave the team a boost! Maggie and Carolina worked very hard in defence and did not let Sherborne score. In the third quarter Carolina played up front and worked well with Pippa and Neve to pass the ball up the pitch. Again, any player on our team could have scored but it was Carolina who finally got the ball in the goal. This made it 2 - 1 to SPS. In the final quarter SPS had to defend well to stop Sherborne equalising.

**Contribution Award:** Lucy for showing great skill to keep the ball and for some wonderful running up and down the wing.

## ***U9 Girls' Hockey v Sherborne Prep***

***Result: Loss 5 - 0***

The U9s started off with lots of drive and effort. I was really impressed with the impact they made into the game in the first quarter. They managed to get the ball into their own attacking D on 6 occasions. As the game went on, the girls started to tire, but they still managed to play some fantastic hockey. The defenders were clearing the ball out wide to the wings and the attacking players were doing a superb job of passing the ball to each other as they drove up the pitch. The score didn't reflect the game, I think a few goals from the Sunninghill side would have been a much better reflection.

**Contribution award:** Mirabelle for coming up into the U9s at the last minute.

Polina for her movement and passing around the pitch and for being brave enough to have many attempts at goal.

## ***U12/13A Girls' Hockey v Knighton House***

***Result: Loss 1 - 2***

A match Sunninghill really should have won in the first half and, despite having the better of play throughout, then disappointingly ended up losing.

An encouraging start saw Sunninghill build some promising attacks. However, panic seemed to strike as they approached the D and far too easily they gave away possession. Even when they did get the ball into the D and created goal scoring chances, they contrived to miss the target! Meanwhile Lily R and Ophelia remained resilient in defence keeping Knighton at bay.

At halftime the message was to attack the D keeping possession and shoot. Early in the second half they did just that. Lily B drove down the wing crossed into Erin whose shot was parried by the goalie and Issy pounced on the rebound to score. The tempo of the game was instantly upped by both teams. But it was Knighton who raised their intensity the most and a couple of defensive errors allowed them to score twice.

**Contribution award:** Issy for determined attacking play.

## ***U12/13B Girls' Hockey v Knighton House***

***Result: Loss 1 - 3***

One example of excellent hockey led to Sunninghill's goal on an afternoon when they seemed determined to give Knighton easy possession and consequently the match.

Both teams began brightly, but it was Knighton who scored first. Rosie in goal saved several shots in a row before the ball got lost under her foot and Knighton were more alert to dig out the ball and score. The 'magic' moment soon followed with Tilly storming down the pitch through several

attempted Knighton tackles. She passed to Poppy out wide who crossed into Atlanta. The ball was moved across the D to Hannah who rolled out and calmly slammed the ball home.

Sunninghill were unable to continue to raise their game and Knighton came back with 2 more goals.

**Contribution award: Tilly for outstanding play throughout**

### ***U11 Girls' Hockey v Knighton House***

***Result: Win 5 - 0***

We were much the better side in this game but we only scored one goal in the first half. The play was down the centre and we lacked width. There were shots on goal but no follow up on the keeper. Meena in goal did not touch the ball in the first half and Erin and Esme in defence had little to challenge them. After a positive half time talk we switched some positions and when we created more width we got into the Knighton D virtually every attack. Erin carried the ball at speed and crossed it in and Gemma was sweeping into the goal. Gemma scored 4 and Erin 1. Eleni used her reverse stick skills to beat defenders and Freya was tenacious in defence stopping the Knighton forwards. Sofia played gallantly in the first half but had to come off with a bad back. Zuzanna from the U10's came on and played well as CF. A good game where we should really have scored more goals.

**Contribution award: Erin for some great drives down the right.**

### ***U10 Girls' Hockey v Knighton House***

***Result: Loss 3 - 0***

This was by far the best hockey I have seen from the U10s, they were on fire in the first half. They started the game with a really high intensity which completely panicked the opposition. They had at least 7 attempts to score within the game but unfortunately they just couldn't put the ball in the back of the goal. We shouldn't have lost this game, but we attacked so much that when Knighton House gained back possession they

were able to attack down to our defending end with a huge flock of players, whereas Sunninghill had unfortunately ran out of steam. It was a tremendous effort by all, and we should have converted at least 2 chances, if not more!

Well done girls!

**Contribution award: Zuzanna for having confidence and using her skill, speed and spatial awareness to challenge the Knighton Defenders.**

### ***U8 Boys' Rugby v Sherborne Prep***

***Result: Draw***

The Sunninghill Swarm (as they were called this week) descended on Sherborne in high spirits and continued the good work they started in the last game. Running was more direct however, defence although keen was a little erratic still as the boys just want to tag rather than keep a defensive line. Max went on another scoring spree and was accompanied on the score sheet by Leon with a couple. Charlie and Alex also had a try with a couple of great runs. Contribution award this week goes to Felix who stepped up his game tackling ferociously time after time. The final score was a well-deserved draw.

### ***U9 Boys' Rugby v Sherborne Prep***

***Result: Win 8 - 7***

It was a real pleasure watching this match unfold! Both teams were psyched up and defended in a pack, not leaving many gaps. Sunninghill started strong, pushing the Sherborne team back with ferocious tackling from Vishnu, Max and Otis. The boys got stuck in, gave it their all and were brave when running with the ball. The team passed more accurately and there were no buttery fingers in this match as their catching skills were also on point.

A tight, hard fought win with improvements all round.

**Contribution award goes to Vishnu for his fantastic tackling.**

***U12/13 XII Boys' Rugby v Sherborne Prep***  
***Result: Loss 10 - 6***

Tries: Dylan (3), Tom H (2), Tom S (1)

We came up against a strong Sherborne team that reminded me of Texas - big and well drilled. Our boys were again a little intimidated at first but, just like last week, we grew in confidence and with some generous refereeing made a game of it till the last whistle.

'Puppet Master' Dylan led well at fly half. At first by example scoring two superb break away tries and then even more impressively by controlling the game and playing others in. 'Two try' Tom (H) was the main beneficiary in his best game to date playing against his elders. Also impressive was our other 'Grizzly' Tom (S) who showed great ripping in the maul and breakdown. 'Pinpoint' Nathan had another superb game and fed Dylan from scrum half with laser accuracy - he gave only one misspass the whole day. 'Cillit Bang' Khalid had a great game too and was at the bottom of every heap as every good hooker should be. His mum won't thank him for ending up the muddiest. I was especially pleased to see 'Chopper' Lewis keep his gumshield in and get some good tackles in at the end. All told it - a great afternoon of rugby!

**Contribution Award: Dom - most improved performance with a bit of controlled anger - Bruce Banner in the first half, the Incredible Hulk in the second.**

***U11XI Boys' Rugby v Sherborne Prep***  
***Result: Loss 4 - 11***

The U11's started the game full of energy and defended well in a pack. The team passed the ball better and committed to their tackling when defending.

Sunninghill tried to make runs but struggled to breakthrough as Sherborne defended very well. In the second half, the boys started to get tired and Sherborne dominated the match much more. The u11's lost the match

convincingly against a very strong team but their attitude and performance was much improved.

**Contribution award goes to Archie for his brilliant tackling and determination.**

***U10 Boys' Rugby v Sherborne Prep***  
***Result: Won 4 Tries to 3***

This was a pulsating end to end game in which no quarter was asked for and none given.

Playing with the slope in the first half SPS opened up a two try lead through some very strong running by Gethyn and Harri who weaved and swerved with the verve of the welsh maestro himself.

In the second half we had to defend the slope. Some amazing cover tackles by Valentine saw him put his team and school ahead of self-preservation and a full set of dentures. Nobody got past him alive.

Special mention must be made to Theo who made some great runs up the slope to carry his team towards their line. Leo, new to the sport, also deserves a mention in dispatches as he was always in the thick on things and sometimes even on side.

The contribution award must be shared by G and H the alphabet boys, rarely separated on the pitch, both with great hands and an eye for a gap.

I look forward to watching them progress as they go through the school together.

***Form 8 responsibilities  
Autumn Term:***

Head Boy:	Douglas Bowering
Head Girl:	Imogen Douie
Sports Captains:	Erin Philips Tom Swanton
Prefects:	
Outdoor Ed:	William Hortin
English:	Lewis Rowbotham
Maths:	Douglas Bowering
Science:	Imogen Douie Khalid Miah
Humanities:	Tom Swanton Khalid Miah
Art:	Hannah Davis
ICT:	Lucas Jones Dominic Woollam Lewis Rowbotham
Music & Drama:	Joseph Burdge Katie Shovlar
Citizenship:	Rosie Reynolds &Tilly Jones Tom Swanton
MFL:	Sebastian Pas
Eco Schools:	Tilly Jones
Pupil Voice:	Tilly Jones Khalid Miah

**School email addresses:**

Lydia: [lhampshire@sunninghill.dorset.sch.uk](mailto:lhampshire@sunninghill.dorset.sch.uk)

Mandy: [registrar@sunninghill.dorset.sch.uk](mailto:registrar@sunninghill.dorset.sch.uk)

**Hermes Editor: Mandy Jones**

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1EB

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# Weekly diary and communications

<b>WHOLE SCHOOL DIARY OF EVENTS</b>	Mon 20th	A few named sibling photos 8.30 am
	Tues 21st	Form 8 The Tempest Rehearsals 2.15 pm
		U8 Hockey v The Park (H) 2.15 pm
		Informal Music Concert, Music Room, 4.00 pm
	Wed 22nd	Form 8 The Tempest Rehearsals 9.00 - 1.00 pm
		U10 Hockey v Sandroyd (H) 2.15 pm
		U12/13 A Hockey v Sandroyd (A) 2.30 pm
		U12/13 B Hockey v Sandroyd (A) 2.30 pm
		U13/12 Rugby v Clayesmore @ Rugby Club 2.30 pm
		U11 Rugby v Clayesmore & BCS (A) 2.00 pm
		U10 Rugby v Clayesmore & BCS (A) 2.00 pm
		U11 Hockey v Sandroyd (H) 3.00 pm
	Thurs 23rd	Rec - Form 4 Swimming @ 1610
		Form 8 The Tempest Tech & Dress Rehearsal 1.30 - 5.00 pm
		After School Skiing 4.45 pm
		Form 8 The Tempest Weymouth Pavilion 6.00 pm
	Fri 24th	Parent & Toddler Group, School Hall 10 - 11.30 am
	Fledglings Christmas Party Drawing Room 2.30 - 4.00 pm	
<b>LETTERS ON THE PORTAL</b>		
	Team Sheets & Sports Fixtures	
	Menu	
	Music Timetable Week 10	
	Mosaic Charity	
	Anti-Bullying Policy	
<b>Fledglings</b>	Mosaic Gift Tags - one per child	
<b>Nursery</b>	Mosaic Gift Tags - one per child	
<b>Reception</b>	Mosaic Gift Tags - one per child	
<b>Form 1</b>	Mosaic Gift Tags - one per child	
<b>Form 2</b>	Mosaic Gift Tags - one per child	
<b>Form 3</b>	Mosaic Gift Tags - one per child	
<b>Form 4</b>	Mosaic Gift Tags - one per child	
<b>Form 5</b>	Mosaic Gift Tags - one per child	
<b>Form 6</b>	Mosaic Gift Tags - one per child	
<b>Form 7</b>	Mosaic Gift Tags - one per child	
<b>Form 8</b>	Mosaic Gift Tags - one per child	
	Tempest Rehearsal details	