

Hermes

12th May 2017

Summer Term

Issue No. 423

“A visit to the bank manager!”



Will they get the bank loan?

Dear Parents

Writing Hermes is one of the favourite parts of my week. Starting on a Monday, I begin to jot down a few notes of events that are worthy of mention and that might fill a few column inches.

On Monday I was in the depths of our termly Finance and General Purpose governors meeting. At F and GP the spreadsheet is king (queen?) and Mrs Akerman is in her full prime, just like Miss Jean Brodie.

We reviewed financial performance from this academic year and looked at budgets for the 2017-18 academic year. I can't honestly say it was the absolute highlight of my week but small schools will only thrive with great financial prudence and taking care of the pennies. I owe a great debt of thanks Eileen and Kirsty and the diligence of this governor's sub-committee chaired by Philip Fry. Their attention to detail and careful planning allows me to focus on the quality of teaching and learning and all other matters educational which really matter.

Eileen has also been very busy as bank manager to all the Form 8 children engaged in this year's Lion's Lair. In the past these junior Dragon's Denners have borrowed money from the bank of mum and dad but now they have to present their business model to the Bursar before they can be lent a modest investment fund.

Other business protégés have been fundraising by washing the school minibuses. Good honest toil I say. It takes me back to “Bob a job Week” for the scouts!



Another three buses to go!

They are not the only Lions that I'm interested in at the moment, with the British and Irish Lions about to depart for NZ for a tour that might be beyond one of the best lion's squads to depart our shores for some time.

I wonder if you have, like Jo and I, been engrossed in Master Chef this week. It's compulsive viewing in our house. My money was on Alison to win but last night saw her untimely departure, leaving a final three to fight it out tonight.

If you have enjoyed watching this program with your children and if they are keen to put their culinary skills to the test, later in this edition are further details for a junior

master chef competition in the south west region. It sounds a great idea to me and one Kerry, Danielle and I would happily support in school.

I'll be on full cooking duties next week because Jo is on exped with Mr Stazicker and the Form 5's. There'll be spicy curries in front of the telly as a special treat; all my fishing reels will be out on the kitchen table being serviced for the season ahead and total control of the TV remote control will be mine.

On Wednesday we had our once a year visit from Tempest for our whole school photo. It was a very smooth and slick process and we were blessed with great weather. It will be another frame to add to those already on the main staircase. Whilst current children don't seem to pay much attention to them, it is always a point of great interest and fascination to old boys and girls of the school who love to see themselves as was. Fingers crossed it will be a success and that a copy will proudly hang in your living room.



Us taking a photo of them taking a photo of us!

The digital photography era really spoils some of the joy of photos. Mrs Brunt was desperate to relive her youth and run from one side of the group to the other end to be captured twice by the panoramic camera. Missing staff and pupils can be easily photo shopped and enough snaps are taken that even the most wilful of spoilers gets captured smiling at least once (and that's just the teachers)!

Finally, our summer open morning went very well indeed with a number of visitors from

lower down the school coming to look around. Form 5 conducted the tours beautifully and we welcomed 6 families, some with their children and without. We were even visited by some ex St Genevieve pupils who laid some ghosts to rest by dropping in on the Mother Superior's old office!



Set up and ready for Open Morning visitors

I was pleased that many noticed how wonderful the school grounds were looking. The new rockery leading down to the main entrance has been planted and the soil has been seeded with grass. The beech hedge is beginning to thicken out and the school garden is thriving.

Let's hope we get some much needed rain over the weekend to keep it all green and healthy.

Wishing you a great weekend ahead.

Mr John Thorpe
Headmaster

Fledglings News

Some of our younger Fledglings eagerly anticipating the arrival of our delicious lunch.



How much longer will it be?

Nursery News

In nursery we have been carrying over the theme caterpillars and butterflies from last week. We have been enjoying The Crunching Munching Caterpillar. Children have been learning about symmetry and how it relates to a butterfly (whatever we do to one side of the butterfly, we have to do to the other side).



Creating the perfect butterfly

They have been very creative by choosing a bug to make, selecting materials and really thinking how they were going to attach their materials together. Some children even drew a plan of how they wanted their bug to look like before making it.



Bugs galore!

Form 1

The children in Form 1 made rain gauges as an Easter project and we put them outside in the garden on Tuesday.



Lining up behind their rain gauges

We also planted some vegetable plants in pots that Katy bought in.



It's a delicate two man operation!

On Wednesday we went to Borough gardens to spot flowers and plants and after we had a play in the park.

Form 2

In Form 2's drama session this week, we were using our bodies to create bug shapes.

Can you guess what we were?



Not a quashed bug?



Possibly the same theme as Nursery?

Form 3

Hooke Court- Anglo Saxon Day

On Monday 8th May, Form 3 went to Hooke Court for an Anglo-Saxon day. They dressed up as Anglo Saxons, Miss Clark and Mrs Watts came too.



The whole team

At 9 O'clock they got on the minibus and left for Hooke Court. When Form 3 got to Hooke Court we had a snack and a drink and met our instructor, Alan.

Then we went to the Anglo-Saxon hut and Alan told us a few interesting facts about Anglo- Saxons.



Preparing a meal

Next, we split in to three groups to do the cooking. We made pottage, cauldron snakes and bread (it had honey and prunes in it). We also picked for the cooking, lemon balm, rosemary and mint. Then we cooked the food on an open fire. After, we did some Anglo Saxon weaving. We used shuttles and coloured wool. Then we wrote our names in clay in Anglo Saxon Runes. It was actually quite hard.



Deciphering the runes

Finally, we made necklaces from wire. We plaited the wire and made a pendant.

Report by Polina

Form 3 & 4

This week the cookery club made some very successful vegetable lasagnes. We hope they made them home in one piece and were delicious! Next week strawberry tarts are on the menu.



Looking very proud of their supper

Form 5

Visited Max Gate during Friday's enrichment. They found out a lot of facts and prepared an information leaflet to encourage others to visit.

It can be found at the back of Hermes.

In other news.....

Parking Permits

There is still time to order a car parking permit from Lydia if you are in Forms 3 - 8. If you have collected your permit, please return your slip ASAP - many thanks Lydia.

South West Junior Chef of the Year 2017

Calling all young cooks aged 11-16 years!

Entries are now open for South West Junior Chef of the Year 2017 organised in conjunction with renowned 2 Michelin-starred chef, Michael Caines MBE.

Entries open until Tuesday 23rd May 2017

Entrants are asked to submit a recipe for a main course dish to serve two people using ingredients principally from the South West of England - a chance to demonstrate their understanding of the wonderful array of ingredients available on our doorstep!

Selected entrants will be invited to cook their dish for our judges at a catering college in their own county initially during June. The winner in each county will then receive mentoring from one of our judges to help them to prepare for the South West final in October.

The Dorset heat will take place on the afternoon of Thursday 29th June at Bournemouth & Poole College and will be judged by:

- Brett Sutton, Chef Proprietor, The White Post, Rimpton
- Russell Brown, Director, Creative About Cuisine
- Gary Kilminster, Business Development Manager, Essential Cuisine
- Philip Swaffer, Chef Lecturer, Bournemouth and Poole College

The Dorset winner will benefit from mentoring from Brett Sutton at The White Post, Rimpton, in advance of the final.

Further details can be found in the attached file and on our website at <http://www.southwestchef.co.uk/junior-2017/>

Entrants must be aged 11-16 years and still attending school in year 11 or below on the date of the final (14th October 2017).

Missing plate?

During one of our recent cake sales we were given a lovely chocolate cake on a Portmeirion plate. The cake was bought and has been consumed (!) but the plate has not been claimed by the parent. If you are missing a plate please see Lydia.

Music

Dorset Music Service are offering Sunninghill children the opportunity to attend their summer music residential (24th - 28th July 2017) that is being led by Jon James, BSO Associate Conductor.

Children will have:

- BSO associate conductor to facilitate
- A week of music making including group composition
- Professional musicians to mentor students
- Residential stay for students over 12 years old
- Day rate for younger students

If you have any queries please do not hesitate to contact Lucy Cole on 01305 225771.

Clubs

Hard ball cricket club for Year 5-8 is now on Mondays (4:30-5:15) instead of Tuesdays.

Nutrition Natter



Mental health week this week!

To help increasing awareness I thought I could write a few more lines and share a very interesting table I found. The table is at the back of Hermes entitled May 2015.

To help our children's mental health, it is vital to help them recognising their feelings and motivate them to share how they feel with you and teachers. Being able to practice feelings recognition and learning strategies to decrease stress/anxiety it's very important for a long term healthy adult life. And as we, adults all know I am sure, sometimes very difficult to achieve on a day to day basis.

Teaching children the skills to create a healthy balance between responsibilities and things they enjoy doing should start from quite young age.

The experts say, the key to successfully handle Children Mental health disorders is really, to recognize that there is a problem. Personally I think, as parents that can be very challenging!

As parents, let's try to find time and organize ourselves better to spend more time with our children doing something they enjoy, like baking, playing with dolls, going cycling or perhaps even play football or with our boy cars... 😊

I fully understand it can be very challenging and really difficult on a daily basis, but we all need to make an effort.

Let's all enjoy more time with our children and enjoy the spring!!

Marina

“Notes from a small garden”

We were as busy as early spring bees today!

First up was a jolly good water, everything is so thirsty at the moment and on that note could you spare a thought for the hedgehog population, who are at the moment all suffering with dehydration due to the inclement dry spell. If you know of a resident hedgey you could put out a low, flat dish of fresh water out in the evening and this will hopefully help their sticky situation!

Our busy bees worked as a team today to erect a bean wigwam, Charlie tried it out as a potential second home but felt it might be a little draughty!

We are hopeful that our runner beans may be able to be planted into their new home next week.



Making the bean wigwam



Come on Charlie, squeeze in!

Our sunflowers made a welcome return today, all stretching rapidly skywards, we set them in alongside Form 1's fetching array of rain catchers... All waiting hopefully for a drop or two along with the hedgehogs.

Jo Vaughan



Sports News

Swimming Gala v Leweston Year 5,6,7,8 girls

This gala was against Leweston, Hanford and Clayesmore and we took a 17 strong team. There were some extremely close and exciting races some of which were decided on the final touch. Everyone performed brilliantly despite a few nerves. Thank you to you all for your willingness to change strokes to accommodate everyone in the team and your determination to keep going even though you had lost your goggles and even hat from diving in!

U11

1 st -	Hanford	72 points
2 nd -	Leweston	69 points
3 rd -	Sunninghill	52 points
4 th -	Clayesmore	48 points

U13

1 st -	Leweston	86 points
2 nd -	Clayesmore	61 points
3 rd -	Sunninghill	48 points
4 th -	Hanford	47 points

U11 and U10 Tennis v Leweston Results: 59 - 49 Win

The girls participated in a tennis fixture with Leweston on Wednesday. There were three sections of different types of matches. Some girls played singles and some played doubles. All the girls improved their rallying skills and consistency during the afternoon. They also learned how to score and had lots of fun.

The players who played singles on the middle two sections won 56 rubbers to 46 whilst the doubles matches finished in a 3-3 draw. A big well done to the girls for their fantastic behaviour!

Contribution awards go to Freya and Erin for their excellent backhands and serves.

***U12 Kwik Cricket v Sandroyd -
Results: 241 - 220 Win***

Contribution award: Imogen for some good bowling and batting

***U13 Kwik Cricket v Sandroyd
Results: 161 - 265 Loss***

We played on the Astro at Sandroyd with short boundaries so running 2 was rare. Hitting the ball above the ground to hit the fence or the boundary netting was a 6. The girls had played some cricket at the end of last term and we practised in Monday's lesson. Although some of the bowling was a little wide, everyone made a good attempt at getting the ball to pitch somewhere in line with the wicket. Our batting let us down and our decision making. We needed to hit the ball away from the fielders and sometimes just give it a good old slog. Instead of watching where the ball was hit we just hit and ran and gave away too many wickets which lost us 5 runs each time.

Joni & Orlagh - 9 runs	Outs - 2
Orlagh hitting a 6!	
Teisha & Bonnie - 6 runs	Outs - 2
Fifi & Merry - 6 runs	Outs - 2
Olivia & Carmen - 3 runs	Outs - 3
Hannah & Rachel - 2 runs	Outs - 4

With all the outs we lost 65 runs!!!

Contribution award: The opposition chose Hannah for her batting and Teisha for her fielding

***U8/U9 Cricket v Bournemouth Collegiate
Results: Win***

On Tuesday afternoon the boys travelled to Bournemouth Collegiate to play two diamond cricket matches. The teams were a mix of year 3-4 boys. Diamond cricket is a

fast pace game where four players are batting at the same time. Sunninghill fielded well during the first innings as they got players into key positions.

During the second innings the team were batting. Because the boundary was shorter to what they are used too, the boys managed to hit many 4's and 6's. Both teams won their match but official scores were not being kept after Sunninghill stormed ahead.

Contribution awards go to Aaron and Valentine for their excellent batting and communication.

***U11/10 Cricket v Bournemouth Collegiate
Results: 113 - 121 Loss***

BCS batted first and, despite their excellent batting, we bowled and fielded very well. The entire outfield bowled and wickets were shared between all our bowlers. The best bowling figures went to **Henry T** with 2 wickets for just 5 runs. There was some fine fielding - **Kian** at stumps improved throughout the game and **Henry E** was excellent at directing, encouraging and keeping everyone on their toes.

We started far too slowly and defensively with the bat. Not giving any wickets but also not scoring any runs. It was like watching Gooch and Boycott at the start of a Test match rather than a limited overs game. However we picked up the pace in the middle order with **Robert** and **Nathan** scoring quickly. Had we been more attacking with the bat this would have been a very different result.

Contribution award: Nathan injected the pace into our batting with 3 glorious fours and finished our top scorer.

***Form 8 responsibilities
Summer Term:***

Head Boy:	<i>Cal Chibnall</i>
Head Girl:	<i>Carmen Krosnar</i>
Sports:	<i>Olivia Mallows & Ben Fry</i>
Outdoor Ed:	<i>Bonnie Davenport & James Cook</i>
English:	<i>Brook Michael-Beale</i>
Maths:	<i>Elliot Raybould & Teisha Barrey</i>
Science:	<i>Jamie Barrington</i>
Humanities:	<i>Peter Message</i>
Art:	<i>Rachel Williams-Schoeller & Hannah Stanhope</i>
IT:	<i>Brook Michael-Beale, Jacob Horton, Charlie Blake & Xan Airy</i>
Drama:	<i>Joni Denne-Loader & Millie Durkin-Jones</i>
Citizenship:	<i>Oliver Shutt & Fiji Collett</i>
Library:	<i>Alexander Valadas Marques</i>

School email addresses:

Lydia: lhampshire@sunninghill.dorset.sch.uk

Mandy: registrar@sunninghill.dorset.sch.uk

Hermes Editor: Mandy Jones

Our Contact Details:

South Court, South Walks, Dorchester, DT1
1EB

Tel: 01305 262306

Prep Club Mobile: 07437 891994

What can you do at Max Gate?

At Max Gate you can explore the place and look at artefacts such as old paintings, books, chairs, etc.

You can also learn about Thomas Hardy who lived and wrote his books with his two wives named Emma and soon after Emma died he married Florence.

You can read books that he wrote there himself. He didn't only write books he also wrote poems as well.

Out in the garden you can play some croquet and pretend to fill up a bucket with a water pump that used to work.

In the garden there is loads of pretty flowers and plants such as lavender and mint, daisies and lush green grass.

In the house there is also a piano, a toy train a jigsaw and a few other things you can play with.

The gift shop is full of lovely accessories such as hats, mugs, and scrumptious treats.



MAX GATE

(HOME OF THOMAS HARDY)

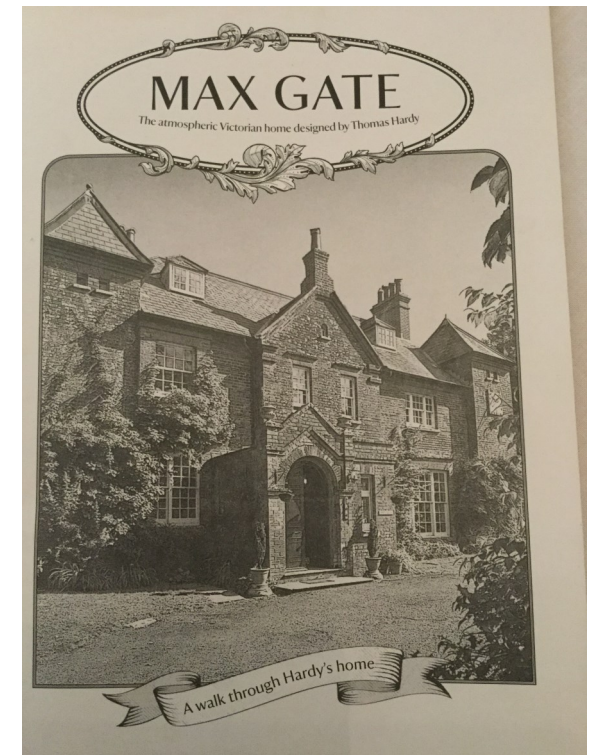
Max Gate is a very old and very posh building designed by Thomas Hardy. It has solid oak floorboards and lots of oak furniture including oak clocks, sofas, tables and chairs. With lots of old paintings and priceless antiques there is lots to look at. Including all of Thomas Hardy's books, several china dinner sets and really old maps. The chandeliers hanging from the ceiling are bound to shine light on your experience! With three studies located around the house you won't be bored.



Thomas Hardy's life

Thomas Hardy was born in 1840 the same as his first wife Emma who died in 1912. Two years later he married a lady called Florence who was 39 years younger than him. His second wife loved dogs. Thomas Hardy did not like them but she got a dog any way, they called him Wessex.

Hardy had two sisters and one brother.



The Work of Thomas Hardy

Thomas Hardy started his working life as an architect. He later became a very famous author. Hardy's fame brought un-welcomed tourists to his house, Max Gate (which he designed himself) and they would peek over his hedges or even wander up the drive to get a glimpse at the famous building and even the man himself.

When Hardy was working he always worked on the first floor because it made him feel more secure and he could hide when tourists showed up.

He was a very successful writer and many of his books are still popular and have been turned into recent films such as Far from the Madding Crowd.



Thomas Hardy's Max Gate: Why you should Visit.

Max Gate is a large Victorian house built by Thomas Hardy on the edge of the leafy Dorset town where he lived and worked. Why is it worth a visit?

In Max Gate there are historical artefacts like paintings, china plates and cups, tapestry and much more!

You can even go out and play croquet in the garden!

There is so much history about Thomas Hardy and his family, Thomas Hardy designed the house and his brother helped build it! But this is not the place to get fact go to the building and learn much more! And you can have a go in Thomas's study and wright with his pen!

Write a postcard there and it can be shown in a room opposite with lots of other amazing cards!

He had a wonderful greenhouse it's still standing so come see some amazing



The History of Max Gate

In 1874 Thomas Hardy left the cottage he grew up in Higher Bockhampton, and, at the age of 34, he married Emma Gifford.

For the first ten years of their marriage Hardy and Emma rented several homes in London and Dorset. By the early 1880s having made his name and considerable wealth as a writer Hardy turned his attention to buying a plot of land close to Dorchester and building a house where they could settle.

In his bedroom at Max Gate he wrote, The Mayor of Casterbridge and The Woodlanders.
















May 2015

Children's Mental Health Awareness Month



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 One of the MOST important things you can say to your child is "I BELIEVE IN YOU!"	2 Cook together
3 Teach your child to relax by taking slow deep breaths &/or blowing bubbles.	4 Make a homemade book about feelings.	5 Children's Mental Health Awareness Day! WEAR GREEN!	6 Be active together.	7 Tell your older children a story about one of your favorite memories of them.	8 Take a hot bath; taking care of yourself is part of taking care of your children.	9 Make a construction paper link necklace. On each link write one reason you love your child.
10 Say something good to the person in the mirror and teach your child to do the same.	11 Notice out loud. Tell kids when you notice something they might be feeling.	12 Give praise often and honestly, but without overdoing it.	13 Eat together.	14 Limit time spent on the computer/TV/games/video games.	15 Tell your child/parent one thing you like about them.	16 Have a dance party in the living room with your child. (Let Loose!)
17 Bake cookies with your child or another favorite recipe.	18 Put a positive note in your child's lunch or back pack.	19 Do something to make today special.	20 Decrease the search for perfection- of you and your children.	21 Lead by example. Be a model for healthy eating and exercise.	22 "Tell me and I forget. Teach me and I remember. Involve me and I learn." -Benjamin Franklin	23 Visit your local library. They have great programs for your child and things for you.
24 Talk about one thing that you and your child learned today.	25 Drink plenty of fluids.	26 Spend 15 minutes reading with your child.	27 Listen to your children. Ask them to tell you what's wrong.	28 Take a family walk together.	29 Listening to soothing music will help decrease stress.	30 Encourage play and join the fun!
31 Be spontaneous and affectionate! Your love will help boost your child's self-esteem.						

Mental health in childhood means reaching developmental and emotional milestones, and learning positive social skills and how to cope when there are problems. Mentally healthy children have a positive quality of life and can function well at home, in school, and in their communities.

Weekly diary and communications

WHOLE SCHOOL	<p>Mon 15th Tues 16th</p> <p>Wed 17th</p> <p>Thurs 18th</p> <p>Fri 19th</p>	<p>13+ CE Mental Maths/French Speaking exams Form 5 Residential to Brecon Beacons 13+ French Listening Form 4 West Dorset Swimming Gala @ 1610 U8 & U9 Swimming Gala @ Leweston Hockey Festival @ QE (selected pupils) U13, U12, U11 Rounders v Salisbury & Clayesmore U11 Cricket v The Park @ Martinstown U13/12 Cricket v Clayesmore (A) U13/12B Cricket v DMS (H) After School Golf 4.30 pm Form 3 - 8 After School Sailing 4.30 pm Form 6 Assembly Parent and Toddler Group 10.00 - 11.30 am Form 3 & 4 Sailing Enrichment</p>
LETTERS ON THE PORTAL	<p>Reception to Form 8 Music Timetable Whole School Menu Forms 3 - 8 Sports Team Sheets & Fixtures of the Week</p>	
Fledglings	No news	
Nursery	No news	
Reception	No news	
Form 1	No news	
Form 2	BSO Concert	
Form 3	BSO Concert	
Form 4	Form 4 Swimming Gala - selected pupils BSO Concert	
Form 5	No news	
Form 6	Grade 5 Theory - selected pupils	
Form 7	No news Grade 5 Theory - selected pupils	
Form 8	Grade 5 Theory - selected pupils Form 8 CE Timetable	